

CRITERIA FOR THOSE WASHING THE BODY

- Must not be ill with any symptoms of cold/flu/diarrhea
- Must not have had any COVID contacts in last 2 weeks
- Does not have OR lives with someone with a serious underlying medical condition or compromised immune system
- Preferably between 18-49 years old
- No travel outside Canada in 30 days
- Not working in hospital/healthcare/nursing home or another essential service with direct contact with public (e.g. transit)



If you have any symptoms, immediately cancel your shift and notify team lead.

If you develop symptoms during ghusl, immediately stop, notify team lead.

SAFETY - GENERAL

- Get your temperature checked before the ghusl
- Maintain confidentiality of the deceased as appropriate
- Wear a new set of freshly laundered clothes each day of volunteering
- Wash hands and arms with soap at start and end of each shift
- Use a new set of PPE for each shift, do not reuse once removed
- Avoid touching eyes, nose, mouth, face at all times
- 2-4 most experienced volunteers

SAFETY - SOCIAL DISTANCING DURING PROCEDURE

- Maintain 2 metre or 6 feet distance between each person
- No hand shaking, hugging, kissing, or ANY physical contact
- Do not socialize before or after procedure

SAFETY - DISINFECTING / SANITIZING

- Wipe down with >60% alcohol OR diluted bleach (1 part 5.25% bleach with 4 parts water) and allow to air dry

PICKING UP THE BODY

- Ensure all members correctly use PPE
- Transport body in sealed waterproof bag
- Thoroughly wipe down, wash and sanitize all points of contact between body and transport equipment

Team lead to ensure correct PPE used

BEFORE HANDLING BODY

Correctly put on PPE:

- Wash hands with soap / disinfect with alcohol sanitizer
- Wear a water repellent gown
- Wear an N95 mask
- Wear a face shield or goggles
- Wear gloves, pull on top of gown, ensure no exposed skin

How to put on PPE - <http://shorturl.at/biRSY>

Remove all PPE after body is in casket

REMOVING PPE CORRECTLY

Discard in a sealed garbage container:

- Remove gloves with arms stretched out away from body
- Remove gown - keep away from body, roll into ball and discard
- Wash hands with soap or alcohol rub
- Remove face shield by bending forward and away
- Remove N95 mask as above
- Wash hands again with soap or alcohol rub, ensure to clean nails and spaces between fingers

How to remove PPE - <http://shorturl.at/CNR24>



IF NO PPE/NO TRAINED VOLUNTEERS/NO GHUSL

- Wear gloves and surgical masks
- Gently pour water from 6 feet (2 metres) without touching body

NOTE: IN CERTAIN SITUATIONS E.G. THE BODY IS INFECTED OR SAFETY GUIDE CAN'T BE FOLLOWED, IT IS PERMISSIBLE TO MAKE THE INTENTION OF GHUSL IN THE HEART ONLY AND PROCEED TO JANAZAH AND BURIAL OF THE BODY.

AFTER A SHIFT IS COMPLETE

- If possible, shower at ghusl facility otherwise go straight home
- Shower immediately at home with soap and water
- Place clothes in a sealed plastic bag, wear fresh clothes after
- Wash clothes immediate with hot water and detergent

GHUSL / TAYAMMUM

- Presume all patients are COVID + unless proven otherwise
- Remove from the body all tubes, catheters, drains - immediately dispose
- Ensure wounds covered with waterproof bandages
- Limit water hose pressure to avoid unnecessary splashing - special care given for the mouth, eyes, nose, private areas
- After washing, dry body and table underneath

NOTE: IN CERTAIN SITUATIONS E.G. THE BODY IS INFECTED - IT IS ADVISABLE TO PERFORM (DRY) TAYAMMUM with PPE ON Sanitize all tools used, water vessels, table, floor

SHROUDING

- Ideally performed by ghusl team in same room - can maintain the same PPE this way
- Shroud the body, transfer into casket, then seal casket
- Wipe and sanitize exterior of casket + trolley

VIEWING / JANAZAH

- All members attending must wash hands before and after
- Limited to immediate family members only, private, and by invitation only - the rest are encouraged to provide virtual condolences
- Facetime/Zoom/Skype may be used to limit attendees

-If Janazah is not possible, due to restrictions, consider Salatul Ghayb

Perform janazah prayers only at gravesite



Ensure no attendee has any symptoms or is high risk (i.e. meets criteria as above)

BURIAL

- All members attending must wash hands before and after
- Limited to immediate family members only, private, and by invitation only - the rest are encouraged to provide virtual condolences
- Any one with symptoms or who does not meet body washing criteria must not attend
- Facetime/Zoom/Skype may be used to limit attendees
- Those transporting casket from vehicle to grave should use disposable gloves and hand sanitization after handling.